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houston

AT THE INSTITUTE FOR SPIRITUALITY AND HEALTH

# DIABETES AWARENESS MONTH WORKSHOP

## Topics:

- Faith and Diabetes
- Diabetes Peer Support Network
- Living with Diabetes Testimonial
- Senior Chair Yoga Instructor
- Diabetes and Food Insecurity

**REGISTER NOW!**



🕒 11:00 AM - 1:00 PM

📅 November 9, 2024

📍 Trinity United Methodist Church  
2600 Holman, Houston TX 77004

URBAN HARVEST *mobile* FARMERS' MARKET